

ID# _____

Please write the following as your ID: Last three numbers of your driver's license, first two numbers of your social security number, 2 numbers representing the month of your birth (e.g. September=09). This will give a 7-digit long ID number.

Child-Parent Psychotherapy (CPP) Knowledge Test
Ghosh Ippen, 2008

1. Please name 5 goals of treatment that CPP shares with other trauma-focused treatments. *If you don't know, please leave blank.*

- 1.
- 2.
- 3.
- 4.
- 5.

2. Please list 3 core skills of Child-Parent Psychotherapy. *If you don't know, please leave blank.*

- 1.
- 2.
- 3.

3. Please name the 3 clusters of symptoms in Posttraumatic stress disorder. *If you don't know, please leave blank.*

- 1.
- 2.
- 3.

4. Please name 3 additional symptoms young children may experience following a traumatic experience that are not traditionally considered symptoms of Posttraumatic stress but that are included in the Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood, Revised (DC:0-3R).

If you don't know, please leave blank.

- 1.
- 2.
- 3.

Select one answer that best describes each term. If you are only guessing (even if it's an educated guess), please check I really don't know I'd be guessing.

5. Port of entry

- A. I really don't know I'd be guessing
- B. A clinical moment inviting intervention
- C. A term to describe the waiting room environment in a clinic
- D. The clinic's first contact with a client, generally made by the CPP intake coordinator

6. Ghosts in the nursery

- A. I really don't know I'd be guessing
- B. Destructive people in the household during the baby's first year of life.
- C. A way of describing post partum psychosis – where the new mother hears voices or sees people that are not there, and the voices are thought to be harmful
- D. The intergenerational transmission of negative or maladaptive relationship experiences

7. Angels in the nursery

- A. I really don't know I'd be guessing
- B. The intergenerational transmission of positive care receiving experiences that convey a sense of worth and security
- C. A way of describing post partum psychosis – when a new mother hears voices or sees people who are not there, and the voices are thought to be helpful and kind
- D. An enhanced social support network established through case management and discussions about the mother's current social network to help the mother during the first year of the child's life

8. Reflective supervision

- A. I really don't know I'd be guessing
- B. Supervision conducted through a two-way mirror
- C. Thinking together with your supervisor about different perspectives and the best way to intervene
- D. Using checklists during supervision to see if what is done reflects the content of the manual

9. Secondary adversity

- A. I really don't know I'd be guessing
- B. The second most serious trauma a client has experienced, which should not be overlooked during treatment
- C. Engaging in risky behaviors as a result of PTSD
- D. Additional stressors and harmful or traumatic events that may follow the experience of a traumatic event

8. Trauma Trigger

- A. I really don't know I'd be guessing
- B. Events that lead to violence
- C. Events, people, situations, or things that remind the individual of the traumatic event
- D. Factors that predispose certain individuals to develop PTSD following a traumatic event

Vignettes

Please read the following vignettes. For each one, please briefly summarize how you understand what has happened and then write down the first thing you would do or say? Your answers can be brief and can be written in short hand.

Vignette 1

JC, age 2 years 10 months, is playing with the alligators when all of a sudden two of the large alligators begin to fight (JC has seen his parents fight). "Make them stop," says his mom. JC looks at her and then deliberately has the alligators continue to fight. "You better stop, or I'm going to take them away," says his mom.

How do you understand what has happened?

What is the first thing you would do or say?

Vignette 2

Gustavo, age 3, was referred for therapy 1 year after his father was fatally stabbed by a mugger while Gustavo and his mother were with him. His mother has never spoken with him about these events because she believes Gustavo is too little to remember what happened. She also has a hard time speaking about Gustavo's father because he was very violent towards her. During treatment, Gustavo is playing with cooking toys. His mother is talking to you about how Gustavo got in trouble in school for biting another child. Gustavo come to her with the cooking knife and begins using the knife in a way that suggests he is cutting her. His mother freezes and then starts to cry and says "I don't know what to do with him."

How do you understand what has happened?

What is the first thing you would do or say?

In thinking about the vignettes, please rate the following (*circle your response*)

How confident do you feel that you have the skills and knowledge that you would need to help these dyads?

1	2	3	4	5	6
Not at all confident	A little confident	Somewhat confident	Moderately confident	Very confident	Extremely confident

How confident do you feel about your ability to conceptualize this case integrating trauma, development, relationship, and cultural perspectives?

1	2	3	4	5	6
Not at all confident	A little confident	Somewhat confident	Moderately confident	Very confident	Extremely confident

Please rate how confident/positive you feel about your interventions with these dyads?

1	2	3	4	5	6
Not at all	A little	Somewhat	Moderately	Quite a bit	A lot

To what degree do you think your interventions address the perspective of both the parent and the child?

1	2	3	4	5	6
Not at all	A little	Somewhat	Moderately	Quite a bit	A lot

To what degree do you think your interventions help bring the children and parents together?

1	2	3	4	5	6
Not at all	A little	Somewhat	Moderately	Quite a bit	A lot