A Roadmap to Selecting an Evidence-Based Practice

The success and sustainability of an evidence-based practice (EBP) starts with selecting the right one.

1. Understanding Evidence-Based Practices
   - What is an evidence-based practice?
   - Learn important background information on EBPs, including the definition, history, and common myths.
   - [Link to Understanding Evidence-Based Practices](http://www.cebc4cw.org/home/understanding-evidence-based-practice/)

2. Identify potential solutions
   - When the problem has been clearly defined, the implementation team explores new programs for adoption.

3. Conduct a needs assessment
   - Once a specific problem is identified, the team uses agency data to conduct a thorough needs assessment.
   - [CEBC Worksheet: Identifying & Clarifying the Problem](http://www.cebc4cw.org/files/IdentifyingClarifyingProblem-fillable-E4.pdf)

4. Explore the problem
   - The Implementation Team identifies potential areas that need to be addressed.
   - [CEBC Exploration Worksheet](http://www.cebc4cw.org/files/ExplorationWorksheet-fillable-E3.pdf)

5. Determine program fit
   - The team critically examines each potential program to ensure fit with the organization and client needs.

6. Contact program developers
   - The team works with program developers to identify supports and brainstorm solutions to any implementation barriers.

7. Create a written summary
   - The implementation team summarizes their selection process and any feedback on all potential programs.

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Download the Full CEBC Selection & Implementation Guide
- Detailed information on each implementation phase
- Extensive technical assistance materials
- Relevant real world examples

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