



Resource Parent Programs

Definition:

The CEBC defines Resource Parent Programs as programs that focus on the location, identification, recruitment, education, training, support, and retention of adults who are interested in being resource parents or who are already resource parents. A resource parent can be a relative (kinship), a nonrelated extended family member (NREFM), or a nonrelated foster parent. Resource parents are crucial partners when children cannot remain safely at home with their birth families. In addition to providing shelter, they also care for, nurture, and support the children and adolescents who are placed with them. Resource parents may also provide mentoring and guidance to birth families that can greatly assist reunification efforts. Resource parents face unique challenges and often need specialized training and supports to be effective in their role.

Topic Area Criteria:

- **Target population:** Potential and current resource parents
- **Services/types that fit:** Interventions to locate new resource parents or to provide training and support for new or existing resource parents
- **Delivered by:** Child welfare workers or trained paraprofessionals
- **In order to be included in this topic area on the CEBC:** Program must specifically target the location, identification, recruitment, education, training, support and/or retention of resource parents as a goal
- **In order to be rated in this topic area by the CEBC:** There must be research evidence (as specified by CEBC [Scientific Rating Scale](#)) that examines outcomes such as improvement in resource parent recruitment or retention, the knowledge or skills of resource parents, or permanency, safety, and well-being outcomes for the children in their care

Programs

The table below provides a summary of the rated programs currently listed in the **Resource Parent Programs** topic area. More detailed information can be found on the [CEBC website](#).

Program	Target Population	CEBC Scientific Rating	CEBC CWS Relevance Level
Treatment Foster Care Oregon -Adolescents (TFCO-A)	Boys and girls, 12–17 years old, with severe delinquency and/or severe emotional and behavioral disorders who were in need of out-of-home placement and could not be adequately served in lower levels of care, and their caregivers	1	High
KEEP SAFE	Caregivers of youth 10 to 18 years of age in foster or kinship care placements	2	High
Together Facing the Challenge (TFTC)	Treatment foster parents and agency staff	2	High
Treatment Foster Care Oregon for Preschoolers (TFCO-P)	Preschool foster children aged 3–6 years old who exhibit a high level of disruptive and antisocial behavior which cannot be maintained in regular foster care, or who may be considered for residential treatment, and their caregivers	2	High
FosterParentCollege.com® (FPC)	Resource parents (foster, adoptive, and kinship) of children ages 0–18; can be used by social workers and other professionals who are new to working directly with resource parents	3	High
FPC-IHS Blended In-Person and Online Pre-Service Training for Resource Parents	Prospective foster, adoptive, and kinship parents of children in all age groups	3	High
KEEP	Caregivers of children 4 to 12 years of age in foster or kinship care placements	3	High
National Training and Development Curriculum for Foster and Adoptive Parents (NTDC)	Prospective or current foster, kinship, or adoptive parents of children of any age; can be from child welfare, intercountry or private domestic adoption process	3	High

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Neighbor To Family Sibling Foster Care Model	Sibling groups of 2 or more children from infancy through seventeen years of age who are in the custody of the state	3	High
Pressley Ridge's Treatment Foster Care (PR-TFC) Pre-Service Curriculum	Prospective treatment foster parents for youth ages 0 to 21 years old with behavioral or emotional issues	3	High
Resource Parent Curriculum (RPC)	Foster, adoptive, and kinship caregivers of children or adolescents of all ages (0-21 years)	3	High
Trauma Systems Therapy-Foster Care (TST-FC)	Resource and birth parents of youth aged birth-21 and child welfare casework staff who work with those youth	3	High