

The California Evidence-Based Clearinghouse (CEBC) for Child Welfare

A Guide for
Parents and Families



"What is an Evidence-Based Practice (EBP)?"

EBPs in child welfare are defined as practices, such as case management, mentoring, parenting classes, therapy, or other supportive services, with the best research evidence, best clinical experience, and are consistent with client/family values.



"How can I learn more about EBPs?"

The CEBC (www.cebc4cw.org) is a free, user-friendly website for finding practices for children, youth, and parents involved in the child welfare system. The CEBC reviews the research evidence for each practice and, if possible, gives the practice a simple rating. As a parent or family member of a child involved in the child welfare system, the CEBC can be an excellent resource for unbiased and reliable information on practices that you, your child, or relative may encounter. You can use the CEBC to:



Get practical and easy-to-understand information on different types of child welfare related practices



Find practices that are proven to work for children, youth, and parents



Better understand how child welfare systems operate





"What information on the CEBC will I find the most useful?"

Vital background information on EBPs

- The definition, history, common misconceptions, and facts on EBPs
<http://www.cebc4cw.org/understanding-evidence-based-practice/>
- Understand the different types of research evidence
<http://www.cebc4cw.org/files/CEBCTypesOfResearchEvidence.pdf>
- The CEBC Scientific Rating Scale
<http://www.cebc4cw.org/ratings/scientific-rating-scale/>
- Frequently Asked Questions (FAQ)
<http://www.cebc4cw.org/faqs-2/>
- Glossary of key terms
<http://www.cebc4cw.org/glossary/>

Access practices with varying levels of supporting evidence

- Search for practices by:
 - Specific Issues <http://www.cebc4cw.org/search/topic-areas/>
 - Practice Name <http://www.cebc4cw.org/search/>

To access information on practices, click on the practice name then click on "View detailed report" on the right hand side

- Recorded webinars on using & understanding the CEBC
<http://www.cebc4cw.org/cebc-webinars/>
- Sign up for CEBC e-alerts to be notified about new practices & webinars
<http://www.cebc4cw.org/email-alerts/>

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