

Assessing Fidelity

It is vital for any new program to assess model fidelity from the start of services. This ensures that the program is being delivered as intended, so that outcomes can be accurately assessed and tied to service delivery. In addition, it can be used to identify training needs.

Each program rated on the CEBC has supplied information on the availability of fidelity tools. Please refer to the Implementation Information section of the program outline for this information.

Questions to consider when measuring fidelity include:

- Are there established fidelity tools for the program?
 - What is the format?
 - Self-report by provider, observation by supervisor, review of taped materials by developer, etc.
 - How will these be integrated into services?
 - What should the fidelity expectations be?
 - Work with developer or available research papers to establish, and incorporate in contracts and/or job descriptions as applicable.
 - How will fidelity information be reported?
 - Frequency
 - Individual and/or program level
- If established tools do not exist, consider developing basic measures, either at the agency level or in conjunction with the developer.
 - Review existing fidelity tools for similar types of services to get an idea of what to examine
 - Develop form to examine duration and frequency of services and essential components of services
 - What should happen in each session or meeting?