

Choose Wisely: Practical, Effective Tools to Select and Implement New EBPs

The Child & Family Evidence
Based Practice Consortium

www.ebpconsortium.com

October 5, 2020

10:00am – 11:00am PT



Webinar Housekeeping

Most controls are located on the tool bar at the bottom of your screen:



Test and change your audio connection



Enter questions for the presenters, and read their responses.



Today's Presenters

- **Rosalyn Bertram, PhD** *University of Missouri-Kansas City*

Rosalyn Bertram directs the Child and Family Evidence Based Practice Consortium. With other Consortium participants, Dr. Bertram studied the extent to which evidence-based practice is taught in North American MSW curricula, and produced a series of national webinars addressing those findings. With Sue Kerns, she served as co-editor for a 2018 special issue of *The Journal of Social Work Education* focused on how to integrate evidence based practice and implementation science into academic and field curricula. Together they recently published a book for academic and community service programs: Bertram & Kerns, 2019. *Selecting and Implementing Evidence-Based Practice: A Practical Program Guide*. Springer Press, New York. Dr. Bertram is a professor of social work at the University of Missouri-Kansas City and editor-in-chief of a new Springer Press journal, *Global Implementation Research and Applications*, and serves as an Associate Editor of the *Journal of Child and Family Studies*.

- **Jacque Brown, MES, RSW** *Families Foundation, NL*

Jacque Brown is an international Implementation Consultant and Executive Director of Families Foundation and exiting Co-Director for the Child and Family Evidence Based Practice Consortium. With Rosalyn Bertram, Jacque serves as co-editor of a 2020 special issue of the *Journal of Family Social Work* that features presentations from the 32nd annual Research and Policy Conference for Child, Adolescent and Young Adult Behavioral Health. As an implementation practitioner, Jacque is involved in the implementation of Triple P – Positive Parenting Program in Europe, Australia and sub Saharan Africa, as well as implementation of best practices in the health care sector across Canada, and education sector and community-based services sector in Ontario. In her work, Jacque brings expertise in the application of implementation science to systems, communities and organizations. Jacque brings an application perspective informed by many years in management of community-based services and is committed to bringing implementation science into practice.



CHILD & FAMILY EVIDENCE BASED PRACTICE CONSORTIUM

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Addressing FFPSA Requirements

Webinar 2: Tools for Selection and Sustainable Implementation of Evidence-Supported Programs

Rosalyn Bertram, PhD *University of Missouri-Kansas City*

Jacque Brown, MES, RSW *Families Foundation, NL*

Dan Edwards, PhD *Evidence-Based Associates*

George (Tripp) Ake, PhD *Duke University*



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Supporting effective implementation through
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WHO WE ARE

A rich and growing community of implementation specialists, program administrators and developers, practitioners, and researchers.

WHAT WE DO

Collaborate in consultation, training, technical assistance and research.

Support networks of learning about evidence-based practice, program implementation, and workforce development

OUR PURPOSE

Improving the lives of children, youth and families through effective program selection, implementation, and workforce development.



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Contributors



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Emeritus Participants



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Recent research & dissemination

Journal of Family Social Work 2020

Effective implementation of evidence-supported treatment

Special issue of 6 papers from our track of presentations at 32nd Research & Policy Conference for Child, Youth and Young Adult Behavioral Health

Journal of Social Work Education 2018

Integrating EBP & Implementation Science in Academic & Field Curricula

Culmination of series of Consortium led studies & webinars addressing academic workforce preparation inspired papers for this special issue.

Families in Society: The Journal of Contemporary Social Services 2017

Special section featured papers from our track of presentations at 29th Research & Policy Conference for Child, Youth and Young Adult Behavioral Health



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We encourage you to explore and contribute!

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- Today's agenda:
 - Brief overview of Webinar 1 provided on 9/21/2020
 - Tip sheet to guide planning for program or service selection under FFPSA
 - Review of supplemental tool, 'Selecting a new program or service: Assessing fit with current requirements and capacities'
 - Application of supplemental tool with example program
 - Small group breakouts for discussion
 - Regroup, questions and discussion



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Family First Prevention Services Act (FFPSA)

Supports evidence based & trauma-informed prevention programs

Children's Bureau's clearinghouse for Title IV-E prevention services

<https://preventionservices.abtsites.com/>

Services must meet one of three levels of evidence.

Promising

Supported

Well-Supported (50% of state spending)



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- **Overview of Webinar 1: Implementation Tip Sheet**
- Selecting an evidence-supported practice by 'Finding the Fit'
 - Careful Identification of Candidacy Group
 - Identify families intend to serve
 - Identify data to inform decision-making
 - Establish priority needs and service areas
 - Systematic Service and Program Selection
 - Ensure alignment with candidacy group's risk and protective factors
 - Multiple service factors to consider
 - Identify potential partners
 - Identify funding considerations (beyond FFPSA)



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Agency Implementation Tip Sheet



Selecting an evidence-based practice is best done by a team of community stakeholders that includes those who will fund, deliver, and participate in a program or service.

Finding the Fit

Careful identification of candidacy group

These questions help you determine which of the State identified programs or services best fit your organization:

1. First identify which families you want to serve (candidacy group).
 - a. What are key characteristics of the families you want to serve? (primary risk factors and behaviors of concern, age of children, etc.)
 - b. What are the desired outcomes for families, their communities and other stakeholders?
 - c. What risk and protective factors may affect achieving desired outcomes?
 - d. To avoid duplication and maximize efficiency, what current programs or services in your community or system address needs of these families?
2. You'll need data to inform your decision-making.
 - a. What data do you have about your identified candidacy group?
 - b. What data do you have about current outcomes for this group?
 - c. What data do you have about risk and protective factors for this group?
 - d. What data do you have about your community or system's current programs or services for this group?
 - e. What do these data tell you about program or service gaps or needed improvements?
3. Establish priority needs and service areas.
 - a. What are your organization or community priority needs and concerns?
 - b. What are your organization or community priority service gaps or improvements to address?

Finding the Fit Systematic program and service selection

1. Which of the programs and services identified in your State plan address your candidacy group's risk factors and which do you have the best capacity to deliver?

For each program or service consider:

 - a. What's the evidence for impact? Timeframe for outcomes?
 - b. Is it culturally appropriate for this group? Can it be delivered in other languages?
 - c. How many staff are needed? With what qualifications and experience?
 - d. What training and consultation is required? At what cost? For how long?
 - e. What supervision/coaching processes are used? How frequently do staff participate in supervision/coaching?
 - f. Are there recognized supports for implementation? What is their availability?
 - g. What implementation data will be necessary? Who will collect it? How often, and how will it be used?
 - h. What is the overall cost for implementation and effective delivery? What factors influence cost per case (e.g., scale)? What are the ongoing costs to sustain implementation with fidelity?
2. Identify potential partners
 - a. Who are partners in implementing these types of programs and services?
 - b. Are they part of your team of community stakeholders?
 - c. What role or function do they play in your system?
3. Identify funding considerations
 - a. What funds will support installation of the program or service? Consider time to adjust data systems, time to train managers and supervisors *before* practitioners, time to adjust coaching formats, etc.
 - b. What funds will support a transformation zone or pilot phase in which a limited number of staff work within the new formats, engaging a limited number of clients to refine implementation before bringing the new practice to scale.
 - c. What funds will support sustainable implementation of the program or service?
 - d. What other funds could be utilized?



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Introducing the accompanying planning template:

- A two part template to help record your thinking and support your decision making
- **Part 1:** Establishing your requirements
- **Part 2:** Assessing programmes in consideration of your expectations



Selecting a new program or service: Assessing fit with current requirements and capacities

This table can be used to determine how well a possible program or service fits within your current organization capacities. Based upon considerations discussed through Tip Sheet questions, complete the table for your state, system or organization.

Part 1: Establishing your requirements

Target population <i>Who is your candidacy Group?</i>	Identified outcomes <i>What is your desired change as a result of this intervention?</i>	Staffing expectations <i>Outputs, and expertise?</i>	Service modality, format, location <i>How will the program be delivered?</i>	Coaching/supervision formats, frequency <i>What coaching and supervision will be provided to the practitioners?</i>
Data requirements <i>What is your capacity to collect, analyze and use data?</i>	Language and culture <i>What languages and cultures do you need to respond to?</i>	Costs for startup <i>What funds will you need to plan for and adopt the new practice?</i>	Costs for sustainability <i>What funds will you need to sustain the practice?</i>	



Current organization requirements and capacities: Parenting Program

Target population <i>Who is your candidacy Group?</i>	Identified outcomes <i>What is your desired change as a result of this intervention?</i>
Parents and caregivers at risk of or maltreating their children	Eliminate harsh parenting practices Reduce out of home placement Increase use of positive parenting practices
Data requirements <i>What is your capacity to collect, analyse and use data?</i>	Language and culture <i>What languages and cultures do you need to respond to?</i>
Session evaluation: Session Goals addressed Session goals fit overall goals Program content effectively delivered Parent outcome: Increased confidence and competence Program outcome measurement	Can be delivered in Spanish, Arabic and English



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Staffing expectations <i>Outputs, and expertise?</i>	Service modality, format, location <i>How will the program be delivered?</i>	Coaching/supervision formats, frequency <i>What coaching and supervision will be provided to the practitioners?</i>
<p>Licensed social workers, psychologists and mental health professionals with clinical experience who provide assessments, as well as group and individual interventions</p>	<p>Individual in home, Individual in office, Group, and Online</p>	<p>Monthly individual supervision</p>
Costs for startup <i>What funds will you need to plan for and adopt the new practice?</i>	Costs for sustainability <i>What funds will you need to sustain the practice?</i>	
<p>To be determined</p>	<p>To be determined</p>	



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Current organization requirements and capacities: Parenting Program

Target population <i>Who is your candidacy Group?</i>	Identified outcomes <i>What is your desired change as a result of this intervention?</i>	Staffing expectations <i>Outputs, and expertise?</i>	Service modality, format, location <i>How will the program be delivered?</i>	Coaching/supervision formats, frequency <i>What coaching and supervision will be provided to the practitioners?</i>
Parents and caregivers at risk of or maltreating their children	Eliminate harsh parenting practices Reduce out of home placement Increase use of positive parenting practices	Licensed social workers, psychologists and mental health professionals with clinical experience who provide assessments, as well as group and individual interventions	Individual in home, Individual in office, Group, and Online	Monthly individual supervision
Data requirements <i>What is your capacity to collect, analyse and use data?</i>	Language and culture <i>What languages and cultures do you need to respond to?</i>	Costs for startup <i>What funds will you need to plan for and adopt the new practice?</i>	Costs for sustainability <i>What funds will you need to sustain the practice?</i>	
Session evaluation: Session Goals addressed Session goals fit overall goals Program content effectively delivered Parent outcome: Increased confidence and competence Program outcome measurement	Can be delivered in Spanish, Arabic and English	To be determined	To be determined	



Part 2: Assessing fit to requirements

Selected programs for consideration: *Consider how the programs you are considering fit your organization requirements and capacities as noted above*

Program or Service:

Rating Key

- Current Fit – matches agency requirements and capacities
- Requires change that can be accommodated – not a match at this point but changes required to make it a match are feasible
- Not a current fit, cannot be accommodated – not a match and changes cannot be made to make it a match

Target population	Identified outcomes	Staffing expectations	Service modality, format, location	Coaching/supervision formats, frequency
<input type="checkbox"/> Current Fit <input type="checkbox"/> Requires change that can be accommodated <input type="checkbox"/> Not a current fit, cannot be accommodated Rationale:	<input type="checkbox"/> Current Fit <input type="checkbox"/> Requires change that can be accommodated <input type="checkbox"/> Not a current fit, cannot be accommodated Rationale:	<input type="checkbox"/> Current Fit <input type="checkbox"/> Requires change that can be accommodated <input type="checkbox"/> Not a current fit, cannot be accommodated Rationale:	<input type="checkbox"/> Current Fit <input type="checkbox"/> Requires change that can be accommodated <input type="checkbox"/> Not a current fit, cannot be accommodated Rationale:	<input type="checkbox"/> Current Fit <input type="checkbox"/> Requires change that can be accommodated <input type="checkbox"/> Not a current fit, cannot be accommodated Rationale:
Data requirements	Language and culture	Costs for startup	Costs for sustainability	
<input type="checkbox"/> Current Fit <input type="checkbox"/> Requires change that can be accommodated <input type="checkbox"/> Not a current fit, cannot be accommodated Rationale:	<input type="checkbox"/> Current Fit <input type="checkbox"/> Requires change that can be accommodated <input type="checkbox"/> Not a current fit, cannot be accommodated Rationale:	<input type="checkbox"/> Current Fit <input type="checkbox"/> Requires change that can be accommodated <input type="checkbox"/> Not a current fit, cannot be accommodated Rationale:	<input type="checkbox"/> Current Fit <input type="checkbox"/> Requires change that can be accommodated <input type="checkbox"/> Not a current fit, cannot be accommodated Rationale:	



PROGRAM BEING CONSIDERED – *TRIPLE P LEVEL 4 AND 5 PATHWAYS*

Target population	Identified outcomes
<p>X Current Fit</p> <ul style="list-style-type: none"> <input type="checkbox"/> Requires change that can be accommodated <input type="checkbox"/> Not a current fit, cannot be accommodated <p>Rationale: Triple P Level 4 and Level 5 Pathways are evidenced for this population</p>	<p>X Current Fit</p> <ul style="list-style-type: none"> <input type="checkbox"/> Requires change that can be accommodated <input type="checkbox"/> Not a current fit, cannot be accommodated <p>Rationale: Triple P has evidence that these outcomes are consistently achieved</p>
Data requirements	Language and culture
<p>X Current Fit</p> <p>X Requires change that can be accommodated</p> <ul style="list-style-type: none"> <input type="checkbox"/> Not a current fit, cannot be accommodated <p>Rationale: Triple P has session checklists and data collection software (ASRA) but this may not easily interface with our operating systems</p>	<p>X Current Fit</p> <ul style="list-style-type: none"> <input type="checkbox"/> Requires change that can be accommodated <input type="checkbox"/> Not a Current Fit, cannot be accommodated <p>Rationale: Triple P Level 4 available in all required languages.</p> <p>HOWEVER: Pathways can be translated but cost may be prohibitive and may not be available soon enough</p>



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Staffing expectations	Service modality, format, location	Coaching/supervision formats, frequency
<p><input checked="" type="checkbox"/> Current Fit</p> <p><input checked="" type="checkbox"/> Requires change that can be accommodated</p> <p><input type="checkbox"/> Not a current fit, cannot be accommodated</p> <p>Rationale: Required staff are available but changes in practice to integrate a new EBP will be required</p>	<p><input checked="" type="checkbox"/> Current Fit</p> <p><input type="checkbox"/> Requires change that can be accommodated</p> <p><input checked="" type="checkbox"/> Not a current fit, cannot be accommodated</p> <p>Rationale: Triple P has group, individual and online programs at Level 4. However, there's no ONLINE program at Pathways level</p>	<p><input type="checkbox"/> Current Fit</p> <p><input checked="" type="checkbox"/> Requires change that can be accommodated</p> <p><input type="checkbox"/> Not a current fit, cannot be accommodated</p> <p>Rationale: Triple P requires monthly peer network support. Will need to develop a peer support process</p>
Costs for startup	Costs for sustainability	
<p><input type="checkbox"/> Current Fit</p> <p><input type="checkbox"/> Requires change that can be accommodated</p> <p><input type="checkbox"/> Not a current fit, cannot be accommodated</p> <p>Rationale: CANNOT ASSESS – NEED MORE INFORMATION</p>	<p><input checked="" type="checkbox"/> Current Fit</p> <p><input type="checkbox"/> Requires change that can be accommodated</p> <p><input type="checkbox"/> Not a current fit, cannot be accommodated</p> <p>Rationale: Sustainability cost per family are low – specifics to be explored</p>	



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Selected programs for consideration: Consider how the programs you are considering fit your organization requirements and capacities as noted above

Program or service: Triple P level 4 group and individual; Pathways

Rating Key

- Current Fit – matches agency requirements and capacities
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- Not a current fit, cannot be accommodated – not a match and changes cannot be made to make it a match

Target population	Identified outcomes	Staffing expectations	Service modality, format, location	Coaching/supervision formats, frequency
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Data requirements	Language and culture	Costs for startup	Costs for sustainability	
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- Move to Facilitated Breakout rooms for small group discussions
 - Breakout rooms are not being recorded
- We will return to the full group at the end of the hour for wrap-up and questions



Selecting a new program or service: Assessing fit with current requirements and capacities

This table can be used to determine how well a possible program or service fits within your current organization capacities. Based upon considerations discussed through Tip Sheet questions, complete the table for your state, system or organization.

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Rationale:	Rationale:	Rationale:	Rationale:	

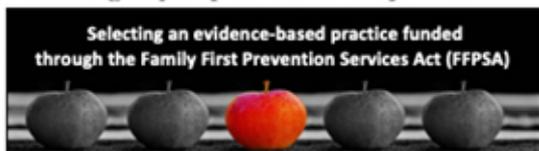


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Agency Implementation Tip Sheet



Selecting an evidence-based practice is best done by a team of community stakeholders that includes those who will fund, deliver, and participate in a program or service.

Finding the Fit

Careful identification of candidacy group

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1. First identify which families you want to serve (candidacy group).
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Finding the Fit Systematic program and service selection

1. Which of the programs and services identified in your State plan address your candidacy group's risk factors and which do you have the best capacity to deliver?

For each program or service consider:

 - a. What's the evidence for impact? Timeframe for outcomes?
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