

Fetal Alcohol-Type Symptoms

Compared to Age Peers 1= No problem; 5=Severe

Functional Area	Presenting Issue/Behavior	1	2	3	4	5
ADHD-Type Symptoms	Hyperactive					
	Distractible					
	Impulsive					
	Disorganized					
Sensory-Motor	Over/undersensitive to light, sound etc.					
	Poor or labored handwriting					
	Easily overstimulated					
Executive Functioning	Poor cause-and-effect reasoning; judgment					
	Consequences don't work well					
	Poor memory (different kinds)					
	Little sense of past or future; time management					
	Rigid problem-solving					
	Gets stuck on thoughts or perceptions					
	Focus on immediate perception; no big picture					
Speech	Delayed					
	Chatterbox					
	Better talker than listener (auditory processing)					
"Moral Retardation"	Lying/confabulation					
	Stealing					
	Rules—ok for them to break, not for you					
Emotions	Easily triggered, often intense and negative					
	Poor recognition of own feelings, less of others					
	May blow over fast					
	Determine/override priorities					
Younger Functioning	In spite of all appearance to contrary					

NOTE: ~ Unrealistic expectations are the major cause of problems for people with FASD.

~ Each person with FASD is different.

This is not a complete list of fetal alcohol-related problems, nor are these issues only caused by fetal alcohol.

Kathryn W. Page, PhD. © 2019 Email: kathryn.page@sbcglobal.net Website: <http://www.fasdnorcal.org>