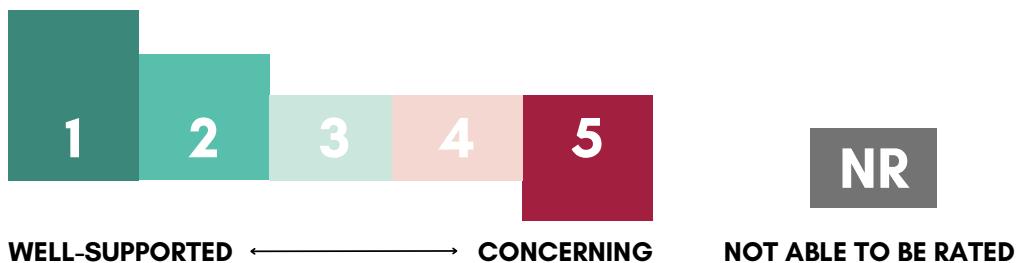


CALIFORNIA EVIDENCE-BASED CLEARINGHOUSE FOR CHILD WELFARE

Overview of the Scientific Rating Scale



The following is a summary of the CEBC Scientific Rating Scale. For the full criteria, please visit the [Scientific Rating Scale](#) page on the CEBC website.

In order for the CEBC to rate a program:

- It must have a book/manual that describes how to administer it.
- It must meet the requirements for inclusion into a CEBC topic area.
- Outcomes of research studies must be published in a peer-reviewed journal.
- Outcome measures must be reliable/valid and administered consistently and accurately.

The CEBC rates programs on the topic area criteria using the available published, peer-reviewed research. A lower rating score indicates a greater level of research support.

1 Well-Supported by Research Evidence:

- A minimum of **two** randomized controlled trials (RCTs) have demonstrated the program's superiority over a comparison group.
- The program has shown a sustained effect for at least **one year** after the end of the intervention.

2 Supported by Research Evidence:

- A minimum of **one** RCT has demonstrated the program's superiority over a comparison group.
- The program has shown a sustained effect for at least **six months** after the end of the intervention.

3 Promising Research Evidence:

- A minimum of **one** study which utilizes some form of control has either established the program's benefit over the control, found it to be comparable to a program rated 3 or higher on this rating scale in the same topic area, or found it to be superior to a comparison group on outcomes for the same topic area.

4 Research Evidence Fails to Demonstrate Effect:

- **Two or more** RCTs have shown the program has not resulted in improved outcomes.
- The overall weight of evidence does not support the benefit of the program.

5 Concerning Practice:

- The overall weight of evidence suggests the intervention has a negative effect on participants, or there is data suggesting a risk of harm likely caused by the treatment, or a legal or empirical basis suggests that the practice constitutes a risk of harm.

NR Not Able to be Rated:

- No studies using any form of control have demonstrated the program's superiority over a comparison group or found it to be comparable to, or better than, another practice.
- The program does not meet the criteria for any other level of the CEBC Scientific Rating Scale.