

Casework Practice

The CEBC defines casework practice as services, delivered by a caseworker employed or contracted by a Public Child Welfare agency, that are designed to help families strengthen family functioning and address challenges that may threaten family stability. These activities include administering family-centered assessment and case planning; discussing strengths and needs with families; identifying specific interventions such as self-sufficiency needs, counseling, parenting, educational support, and skill building; and connecting families with the supportive services and resources they need to achieve a nurturing and stable family environment.

Casework Practice topic area criteria:

- Target population:** Caseworkers employed or contracted by a Public Child Welfare agency and the families that they work with
- Services/types that fit:** Assessment, case planning, case management, education, and skill building
- Delivered by:** Caseworkers employed or contracted by a Public Child Welfare agency
- In order to be included in this topic area:** Program must be delivered by caseworkers directly
- In order to be rated in this topic area:** There must be [research evidence](#) (as specified by the CEBC [Scientific Rating Scale](#)) that examines changes in caseworker behavior and/or changes in child welfare outcomes for families (recidivism, out-of-home placement changes, etc.)

The table below provides a summary of the rated programs currently listed in the [Casework Practice](#) topic area. More detailed information can be found on the CEBC website.

Program	Overview	CEBC Scientific Rating	CEBC CWS Relevance Level
Crossover Youth Practice Model (CYPM)	Multisystem approach to help jurisdictions work collaboratively with the goals of improving system functioning and outcomes for youth	3	High
Family Connections (FC)	Multifaceted, home-based service program that works with families in the context of their neighborhoods to help them meet the basic needs of their children and prevent child maltreatment	3	High
National Family Development Credential® Program (FDC)	Professional development course and credentialing program for frontline family workers to learn and practice skills of strength-based family support while working with families	3	High
Solution-Based Casework (SBC)	Case management approach to assessment, case planning, and ongoing casework	3	High
Team Decision Making (TDM)	Meetings conducted by public child welfare agency workers with the aim of making the best possible decision regarding out-of-home care, and to engage partners, such as community members and the extended family in planning	3	High