

Educational Interventions for Children and Adolescents in Child Welfare

Educational Interventions for Children and Adolescents in Child Welfare are defined broadly by the CEBC since supporting the educational success of these children requires different approaches based on the age of the child. Relevant programs are those that have direct potential to impact success from the early childhood years, such as programs that highlight school readiness and development, as well as those that address any social, emotional, or learning barriers to achievement during the K-12 years. Relevant programs also include supports for older foster youth to help them transition to post-secondary training, such as college or vocational programs, as well as to encourage retention and completion in such post-secondary training programs.

Educational Interventions for Children and Adolescents in Child Welfare Topic Area criteria:

- **Target population:** Children and adolescents in child welfare
- **Services/types that fit:** A variety of different services including programs that work with child welfare workers, birth families, foster care families, educators, school staff and/or directly with children and adolescents
- **Delivered by:** Educators, school staff, child welfare workers, mental health professionals, or trained paraprofessionals
- **In order to be included in this topic area on the CEBC:** Program must specifically target educational outcomes for children and/or adolescents involved in child welfare
- **In order to be rated in this topic area by the CEBC:** There must be [research evidence](#) (as specified by the [Scientific Rating Scale](#)) that examines outcomes related to educational success, such as school readiness, engagement, attendance, retention, and graduation rates



The table below provides a summary of the rated programs currently listed in the [Educational Interventions for Children and Adolescents](#) topic area. More detailed information can be found on the CEBC website.

Program	Target Population	CEBC Scientific Rating	CEBC CWS Relevance Level
Better Futures (MST-PSB)	Youth and young adults ages 16–19 years in foster care, including youth with disabilities and/or mental health conditions, who are: 1) in their final year of high school or GED completion, 2) not opposed to the idea of participating in postsecondary education, and 3) permitted to go into the community with their Better Futures coach.	2	High
Kids in Transition to School (KITS)	Foster children and other children 4–6 years old at high risk for school difficulties who are entering kindergarten.	2	High
Treatment Foster Care Oregon - Adolescents (TFCO-A)	Boys and girls, 12–18 years old, with severe delinquency and/or severe emotional and behavioral disorders who were in need of out-of-home placement and could not be adequately served in lower levels of care, and their caregivers.	3	High