

# Family Stabilization Programs

**The CEBC defines Family Stabilization Programs as programs designed to ensure the safety and well-being of children and youth in their homes; prevent their initial placement or re-entry into foster care; and preserve, support, and stabilize their families.** Family stabilization programs are aimed at families who have come to the attention of child welfare services and are in crisis and/or facing imminent risk of removal. Terms commonly used to describe Family stabilization programs may include family preservation, family support, family engagement, home visiting, and place-based services (these are usually housed in a community or neighborhood center, but have an in-home component providing parenting classes, after school programs, and other family services aimed at supporting, stabilizing, and maintaining intact families). Family stabilization programs may include the services that are delivered to families through the differential response process.

## **Family Stabilization Programs topic area criteria:**

- **Target population:** Families who have come to the attention of child welfare services and are in crisis and/or facing imminent risk of having their child(ren) removed
- **Services/types that fit:** Assessment, case planning, case management, education, and/or skill building
- **Delivered by:** Child welfare workers, mental health professionals, or trained paraprofessionals
- **In order to be included in this topic area on the CEBC:** Program must specifically target prevention of out-of-home placement as a goal
- **In order to be rated in this topic area by the CEBC:** There must be research evidence (as specified by the CEBC [Scientific Rating Scale](#)) that examines changes in child welfare outcomes for families (reduced out-of-home placement, decreased recidivism, etc.)



The table below provides a summary of the rated programs currently listed in the [Family Stabilization Programs](#) topic area. More detailed information can be found on the CEBC website.

Program	Target Population	CEBC Scientific Rating	CEBC CWS Relevance Level
<a href="#">Homebuilders®</a>	Families with children (birth to 18) at imminent risk of placement into, or needing intensive services to return from, foster care, group or residential treatment, psychiatric hospitals, or juvenile justice facilities	2	High
<a href="#">Family Centered Treatment (FCT)</a>	Families with members at imminent risk of placement into, or needing intensive services to return from, treatment facilities, foster care, group or residential treatment, psychiatric hospitals, or juvenile justice facilities	3	High
<a href="#">Family Group Decision Making (FGDM)</a>	Children who are abused/neglected and their family groups	3	High
<a href="#">Indiana Family Preservation Services (INFPS)</a>	All families with in-home cases where the department (and the court, when applicable) believes that the child (birth to 18) can be safely maintained in their home with the introduction of services; cases where abuse and/or neglect has not been substantiated are allowed in select instances	3	High
<a href="#">Multidimensional Family Recovery (MDFR)</a>	Parents with children from birth to 18 who have come to the attention of, or are involved with, the child welfare system and have at least one parent whose substance use is determined to be a primary child safety risk factor	3	High
<a href="#">Providence House Family Preservation Crisis Nursery</a>	Children ages birth to 12 and their adult caregivers	3	High
<a href="#">SAFE@Home</a>	Parents/caregivers and children (0–17) who are determined by public child welfare agencies to be unsafe with their families and who have cases opened for ongoing services	3	High
<a href="#">Sobriety Treatment and Recovery Teams (START)</a>	Families with at least one child under 6 years of age who are in the child welfare system and have a parent whose substance use is determined to be a primary child safety risk factor	3	High