

Home Visiting Programs for Child Well-Being

The CEBC defines Home Visiting Programs for Child Well-Being as any home visiting program with a goal to improve child well-being, including physical health, development, and school readiness.

Home visiting is a mechanism to provide direct support and coordination of services for families which involves direct services to the family in the home setting. While services can also be received elsewhere, the home is the primary service delivery setting. Programs vary, but components may include 1) education in effective parenting and childcare techniques; 2) education on child development, health, safety, and nutrition; 3) assistance in gaining access to social support networks; and 4) assistance in obtaining education, employment, and access to community services.

Home Visiting Programs for Child Well-Being topic area criteria:

- **Target population:** Parents and their children; services can begin prior to birth while the mother is pregnant
- **Services/types that fit:** Home-based services with an individual or family focus that include assessment, case planning, case management, education, and/or skill building
- **Delivered by:** Child welfare staff, nurse, or trained paraprofessional
- **In order to be included in this topic area on the CEBC:** Home visiting program must specifically target child well-being as a goal
- **In order to be rated in this topic area by the CEBC:** There must be research evidence (as specified by the CEBC [Scientific Rating Scale](#)) that examines outcomes directly related to child well-being such as school records, immunization records, or standardized educational, mental health, or developmental measures



The table below provides a summary of the rated programs currently listed in the [Home Visiting Programs for Child Well-Being](#) topic area. More detailed information can be found on the CEBC website.

Program	Target Population	CEBC Scientific Rating	CEBC CWS Relevance Level
Attachment and Biobehavioral Catch-up - Infant (ABC-I)	Caregivers of infants 6 months up to 24 months who have experienced early adversity	1	High
Healthy Families America (HFA)	Parents/caregivers (adolescents or adults who are pregnant or parenting) and their children ages 0–5 years old (with no minimum or maximum age for parents enrolled)	1	Medium
Nurse-Family Partnership (NFP)	First time, low-income mothers (adolescents and adults, with no set maximum age) and their infants ages birth–2 years	1	Medium
AVANCE Parent-Child Education Program (PCEP)	Parents/primary caregivers with children from birth to age three, pregnant women and/or partners of pregnant women, especially those with challenges such as poverty; illiteracy; teen parenthood; geographic and social marginalization; and toxic stress	2	Medium
Home Instruction for Parents of Preschool Youngsters (HIPPY)	Parents who have young children and have limited formal education and resources	2	Medium
Attachment and Biobehavioral Catch-up - Early Childhood (ABC-EC)	Caregivers of young children ages 2 through 4 who have experienced early adversity or are demonstrating socioemotional or behavioral concerns	3	High
Boys Town In-Home Family Services (BT-IHFS)	Families with children ages 0–17 at-risk of out-of-home placement	3	High
Early Head Start (EHS)	Not specified (The EHS program was not responsive to the CEBC's inquiry)	3	Medium
Early Steps to School Success (ESSS)	Families living in rural, geographically isolated communities	3	Medium

Program	Target Population	CEBC Scientific Rating	CEBC CWS Relevance Level
Families First	Families and referred children who are at-risk as a result of family conflict, lack of parenting skills, child abuse, childhood emotional issues, disruptive behavioral problems including criminal misconduct and other at-risk situations children, parents, and families face	3	Medium
Family Spirit®	Any at-risk or young adult mother (under age 25 years) who is pregnant (ideally 28 weeks gestation or sooner) and/or has a child younger than 3 years old and lives in a Native American community; however, can be used with any pregnant woman and/or woman with a child younger than 3 years old, regardless of ethnicity/race	3	Medium
Healthy & Safe	Parents with learning difficulties who are the main caregivers of a child less than 5 years old	3	Medium
ParentChild+	Families with two- and three-year-old children (families may enter the program with children as young as 16-months) who face multiple obstacles to educational and economic success	3	Medium
Parents as Teachers	Parents/Caregivers who are expecting a child or have a child who has not begun Kindergarten	3	Medium
Play and Learning Strategies - Infant Program (PALS I)	Children 5–15 months and their families	3	Medium
Play and Learning Strategies – Toddler/Preschool Program (PALS II)	Children 18 months to 4 years and their families	3	Medium
SafeCare®	Parents at-risk for child neglect and/or abuse and parents with a history of child neglect and/or abuse	3	High

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