

Parent Training Programs that Address Child Abuse and Neglect

The CEBC defines Parent Training Programs that Address Child Abuse and Neglect as parent training services for parents/caregivers that have a goal of reducing the risk of abuse or neglect. Click [here](#) to see the overall Parent Training Programs topic area page.

Parent Training Programs that Address Child Abuse and Neglect topic area criteria:

- **Target population:** Parents who need assistance with general parenting skills to reduce the risk of abuse or neglect with a focus on changing the individual parent's behavior
- **Services/types that fit:** Direct intervention with parents in individual or group formats delivered face-to-face, via internet, or through recorded media (e.g., videos)
- **Delivered by:** Trained paraprofessionals, educators, or mental health professionals
- **In order to be included in this topic area on the CEBC:** The overall focus of the program must be on parent training and have a goal of reducing the risk of child abuse and neglect (i.e., the program may have multiple goals with reducing the risk of child abuse and neglect being one of them)
- **In order to be rated in this topic area by the CEBC:** There must be research evidence (as specified by the CEBC [Scientific Rating Scale](#)) that examines outcomes in parenting behavior (e.g., decreases in abusive behaviors, use of harsh discipline, etc.) and/or reductions in child abuse or neglect (e.g., reduction in re-reports, self-reports of maltreatment, etc.)



The table below provides a summary of the rated programs currently listed in [Parent Training Programs that Address Child Abuse and Neglect](#) topic area. More detailed information can be found on the CEBC website.

Program	Target Population	CEBC Scientific Rating	CEBC CWS Relevance Level
Family Foundations	Expectant mothers and fathers	2	Low
Reminiscing and Emotion Training (RET)	Parents with a history of neglectful and/or abusive behaviors, or who are at risk for abusive or neglectful behaviors, and their children aged 3–6 years	2	High
SafeCare®	Parents at-risk for child neglect and/or abuse and parents with a history of child neglect and/or abuse	2	High
Triple P - Positive Parenting Program® System (System Triple P)	Parents and caregivers of children ages: birth–16 years	2	Medium
Celebrating Families!	Families dealing with, or at high risk for, a multitude of problems: substance use disorders (SUD); multigenerational trauma; and compromised safety (e.g., child abuse/neglect and family violence)	3	High
Combined Parent-Child Cognitive-Behavioral Therapy (CPC-CBT)	Children ages: 3–17 years and their parents or caregivers in families where parents engage in a continuum of coercive parenting strategies and children may present with PTSD symptoms, depression, behavioral problems, and other difficulties	3	High
Make Parenting A Pleasure (MPAP), Second Edition	Highly stressed families with children ages: 0–8 years, at risk for abuse or neglect	3	Medium
Nurturing Parenting Program for Parents and their School-age Children 5 to 11 Years	Parents of families who have been reported to the child welfare system for child maltreatment including physical and emotional maltreatment in addition to child neglect; may be used as a court-ordered parenting program	3	High
Parents Anonymous®	Parents, grandparents, relative and kin providers, foster parents, or anyone serving in a parenting or caregiver role and children and youth of all ages with behavioral health, substance use disorders, and wellness concerns	3	High

The CEBC operated by Rady Children's Hospital-San Diego (RCHSD); Chadwick Center for Children & Families. The CEBC is made possible with funding from the California Department of Social Services (CDSS): Office of Child Abuse Prevention. Any opinions, findings, conclusions and/or recommendations expressed are those of RCHSD and do not necessarily reflect the views of the CDSS.