

# Prevention of Child Abuse & Neglect (Secondary) Programs

The CEBC defines **Prevention of Child Abuse and Neglect (Secondary) Programs** as programs **targeted at individuals or families which are at a high risk for maltreatment with a goal of preventing abuse or neglect from occurring.** These programs may offer activities targeted to families that have one or more risk factors, including families with substance abuse or domestic violence issues, teenage parents, parents of special needs children, single parents, and low-income families. Services may include parent education and training for high-risk parents, respite care, and home visiting programs.

## **Prevention of Child Abuse and Neglect (Secondary) Programs topic area criteria:**

- **Target population:** Families at high risk for abuse or neglect
- **Services/types that fit:** Services include assessment, case planning, case management, education, skill building, and/or service delivery to address risk factors for maltreatment
- **Delivered by:** Child welfare workers, mental health professionals, or trained paraprofessionals
- **In order to be included in this topic area on the CEBC:** Program must specifically target the prevention of abuse and/or neglect in high-risk families
- **In order to be rated in this topic area by the CEBC:** There must be research evidence (as specified by the CEBC [Scientific Rating Scale](https://cebc4cw.org/scientific-rating-scale/)) that examines maltreatment-related outcomes, such as abuse and neglect reports and abuse-related parenting behaviors, either observed or self-reported



The table below provides a summary of the rated programs currently listed in the [Prevention of Child Abuse and Neglect \(Secondary\) Programs](#) topic area. More detailed information can be found on the CEBC website.

Program	Target Population	CEBC Scientific Rating	CEBC CWS Relevance Level
<a href="#">Child First</a>	Prenatal to 5 years old and their parents/caregivers at risk of or have experienced child abuse, neglect, or trauma; have social-emotional, behavioral, or developmental problems; or live in families experiencing significant trauma and adversity	2	High
<a href="#">Early Start</a>	Parents of a newborn or parents in the antenatal period facing multiple disadvantages	2	Medium
<a href="#">Parents Under Pressure (PuP)</a>	Families with mental health challenges including trauma, substance misuse, family conflict, and financial stress	2	Medium
<a href="#">Safe Environment for Every Kid (SEEK)</a>	Families with children aged 0–5 years who have risk factors for child maltreatment	2	High
<a href="#">SafeCare®</a>	Parents at-risk for or with a history of child neglect and/or abuse	2	High
<a href="#">Boys Town In-Home Family Services (BT-IHFS)</a>	Families with children ages 0–17 at-risk of out-of-home placement	3	High
<a href="#">C.A.R.E.S. (Coordination, Advocacy, Resources, Education and Support)</a>	Families or caregivers of at least one child under the age of 18 who is at risk for abuse, neglect, or abandonment and their family	3	High
<a href="#">Combined Parent-Child Cognitive-Behavioral Therapy (CPC-CBT)</a>	Children ages 3–17 and their caregivers in families where parents engage in a continuum of coercive parenting strategies and children may present with PTSD symptoms, depression, behavioral problems, and other difficulties	3	High
<a href="#">DCCTF'S Effective Black Parenting Program</a> (EBPP; Authored by CICC)	African-American families at risk for child maltreatment	3	High

Program	Target Population	CEBC Scientific Rating	CEBC CWS Relevance Level
<a href="#">Exchange Parent Aide</a>	Families with at least one child age birth–12 years in the home (services may also be offered prenatally), considered at-risk for abuse, and willing to participate in services	3	High
<a href="#">Family Connections (FC)</a>	Families at risk for child maltreatment	3	High
<a href="#">Make Parenting A Pleasure (MPAP), Second Edition</a>	Highly stressed families with children ages 0–8 years at risk for abuse or neglect	3	Medium
<a href="#">Nurturing Parenting Program for Parents and their School-age Children 5 to 11 Years</a>	Parents of families who have been reported to the child welfare system for child maltreatment including physical and emotional maltreatment in addition to child neglect; may be used as a court-ordered parenting program	3	High
<a href="#">Parents Anonymous®</a>	Parents, grandparents, relative and kin providers, foster parents, or anyone serving in a parenting or caregiver role and children and youth of all ages with behavioral health, substance use disorders, and wellness concerns	3	High
<a href="#">Safe Families for Children (SFFC)</a>	Parents in crisis and their children from birth to 18 years of age who are in need of safe place to temporarily live	3	High
<a href="#">Step-by-Step Parenting Program®</a>	Parents with learning differences whose children are at risk of being neglected due to parenting skill deficiencies including parents who learn best with a step-by-step approach, such parents with learning difficulties related to intellectual disabilities, learning disabilities, low literacy, and acquired brain injury.	3	High