



# Prevention of Child Abuse and Neglect (Primary) Programs

## Definition:

The CEBC defines **Prevention of Child Abuse and Neglect (Primary) Programs** as programs directed at the general population which are designed to prevent abuse and neglect from occurring for the first time in a family. They may also be called "universal prevention programs." These programs may educate the general public, service providers, and policymakers about the scope and problems associated with child maltreatment, the factors that lead to maltreatment, and ways to prevent it. Services may include public education campaigns, educational efforts (including parent education programs and universal efforts to educate children on safety and young adults on relationship building), support groups, and family support and strengthening programs. In addition to programs specifically focused on preventing child abuse and neglect, which are listed below, services focused on the underlying factors or causes for maltreatment should be included as part of any comprehensive prevention plan. Services that may be associated with the prevention of maltreatment include treatment for substance abuse and mental health problems, addressing anger management and domestic violence issues, parent training, home visitation, and support for basic needs, such as housing and nutrition. Please note that many of these areas have been reviewed by the CEBC; please click [here](#) for a list of topic areas on the CEBC. These programs are not included in the Primary Prevention topic area unless they meet the criteria below.

## Topic Area Criteria:

- **Target population:** All members of the community, including service providers, policymakers, and child-serving organizations. May also target specific members of the population on a broad basis, such as all parents, all parents of newborns, or school teachers
- **Services/types that fit:** Public service campaigns, educational efforts, family strengthening programs
- **Delivered by:** Child welfare workers, mental health professionals, family support workers, home visitors, public health nurses, or trained paraprofessionals
- **In order to be included in this topic area on the CEBC:** Program must specifically target the prevention of abuse and/or neglect. Programs may prevent maltreatment as a primary or secondary outcome
- **In order to be rated in this topic area by the CEBC:** There must be research evidence (as specified by the [Scientific Rating Scale](#)) that examines maltreatment-related outcomes, such as abuse and neglect reports and abuse-related parenting behaviors, either observed or self-reported; or prevention-related outcomes such as children's knowledge and/or behavior regarding personal safety including recognizing, resisting, and reporting inappropriate touches and behaviors

# Programs

The table below provides a summary of the rated programs currently listed in the **Prevention of Child Abuse and Neglect (Primary)** topic area. More detailed information can be found on the [CEBC website](#).

Program	Target Population	CEBC Scientific Rating	CEBC CWS Relevance Level
<a href="#">Nurse-Family Partnership (NFP)</a>	First time, low-income mothers (adolescents and adults, with no set maximum age) and their infants ages birth-2 years	1	Medium
<a href="#">Safe Environment for Every Kid (SEEK)</a>	Primary Prevention use: Families with children aged 0-5 years. Secondary Prevention use: Families with children aged 0-5 years who have risk factors for child maltreatment such as parental depression or substance abuse	1	High
<a href="#">Childhelp® Speak Up Be Safe (CHSUBS)</a>	Children in grades prekindergarten to 12 (ages 4-18)	2	Medium
<a href="#">Dads MatterHV</a>	Parents/Caregivers and their young children (0-3)	2	Medium
<a href="#">Kinship Navigator (CHN-KN). Children's Home Network</a>	Informal and formal kinship families, relatives, and nonrelatives raising children who are not being raised by parents	2	High
<a href="#">Second Step® Child Protection Unit</a>	Children 4-11 years of age	2	Medium
<a href="#">Triple P – Positive Parenting Program® System (System Triple P)</a>	For parents and caregivers of children from birth to age 16	2	Medium
<a href="#">ACT Raising Safe Kids</a>	Parents and caregivers (e.g., grandparents and other relatives raising young children, foster parents, and adoptive parents) of children birth to 10 years old, as well as pregnant mothers and their spouses or partners	3	Medium

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<a href="#">Body Safety Training Workbook (BST)</a>	Children and/or students ages 3-8 years old and their parents and/or teachers	3	Medium
<a href="#">MBF Child Safety Matters®</a>	Children in grades K-5, their parents/guardians, and personnel at the children's school	3	Low
<a href="#">Parents Anonymous®</a>	Parents, grandparents, relative and kin providers, foster parents, or anyone serving in a parenting or caregiver role and children and youth of all ages with behavioral health, substance use disorders, and wellness concerns	3	High
<a href="#">Parents as Teachers (PAT)</a>	Parents/Caregivers who are expecting a child or have a child who has not begun Kindergarten	3	Medium
<a href="#">Period of PURPLE Crying</a>	All mothers, fathers, and secondary caregivers of infants up to 2 years of age as well as society in general in their understanding of early increased infant crying and shaken baby syndrome	3	Medium
<a href="#">Play it Safe!® Child Abuse Prevention Program – 3rd-5th Grade</a>	Students in 3rd through 5th grade	3	Medium
<a href="#">The Safe Child Program</a>	Students in Preschool through Grade 3	3	Medium
<a href="#">Safe Touches</a>	Children in Kindergarten through 3rd grade	3	Medium
<a href="#">Stewards of Children</a>	Staff and volunteers of schools and other youth-serving organizations, parents/caregivers, and concerned adults	3	Medium
<a href="#">Who Do You Tell?™</a>	Children from kindergarten to Grade 6	3	Medium