



Prevention of Child Abuse and Neglect (Secondary) Programs

Definition:

The CEBC defines **Prevention of Child Abuse and Neglect (Secondary) Programs** as **programs targeted at individuals or families which are at a high risk for maltreatment with a goal of preventing abuse or neglect from occurring.** These programs may offer activities targeted to families that have one or more risk factors, including families with substance abuse or domestic violence issues, teenage parents, parents of special needs children, single parents, and low-income families. Services may include parent education and training for high-risk parents, respite care, and home visiting programs.

Topic Area Criteria:

- **Target population:** Families at high risk for abuse or neglect
- **Services/types that fit:** Services include assessment, case planning, case management, education, skill building, and/or service delivery to address risk factors for maltreatment
- **Delivered by:** Child welfare workers, mental health professionals, or trained paraprofessionals
- **In order to be included in this topic area on the CEBC:** Program must specifically target the prevention of abuse and/or neglect in high-risk families
- **In order to be rated in this topic area by the CEBC:** There must be research evidence (as specified by the [Scientific Rating Scale](#)) that examines maltreatment-related outcomes, such as abuse and neglect reports and abuse-related parenting behaviors, either observed or self-reported

Programs

The table below provides a summary of the rated programs currently listed in the **Prevention of Child Abuse and Neglect (Secondary) Programs** topic area. More detailed information can be found on the [CEBC website](#).

Program	Target Population	CEBC Scientific Rating	CEBC CWS Relevance Level
Child First	Children prenatal to 5 years old and their parents/caregivers who are at risk of or have experienced child abuse, neglect, or trauma; have social-emotional, behavioral, or developmental problems; or live in families experiencing significant trauma and adversity	2	High
Early Start	Parents of a newborn (usually up to 12 months of age) and/or parents in the antenatal period facing multiple disadvantages	2	Medium
Parents Under Pressure (PuP)	Families with mental health challenges including trauma, substance misuse, family conflict, and severe financial stress	2	Medium
Safe Environment for Every Kid (SEEK)	Families with children aged 0-5 years who have risk factors for child maltreatment such as parental depression or substance abuse	2	High
SafeCare®	Parents at-risk for child neglect and/or abuse and parents with a history of child neglect and/or abuse	2	High
Boys Town In-Home Family Services (BT-IHFS)	Families with children ages 0-17 at-risk of out-of-home placement	3	High

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C.A.R.E.S. (Coordination, Advocacy, Resources, Education and Support)	Families at high risk for abuse or neglect with children aged 0-17 or a primary caregiver or caregivers of at least one child under the age of 18 whom is at risk for abuse, neglect, or abandonment and their family	3	High
Combined Parent-Child Cognitive-Behavioral Therapy (CPC-CBT)	Children ages 3-17 and their parents (or caregivers) in families where parents engage in a continuum of coercive parenting strategies and children may present with PTSD symptoms, depression, behavioral problems and other difficulties	3	High
DCCTF'S Effective Black Parenting Program (EBPP; Authored by CICC)	African-American families at risk for child maltreatment	3	High
Exchange Parent Aide	Families must have at least one child age birth through 17 years in the home (services may also be offered prenatally), be considered at-risk for abuse (either through presence of dynamics common in abusive families or the presence of substantiated abuse or neglect), and be willing to participate in services	3	High
Family Connections (FC)	Families at risk for child maltreatment	3	High
Make Parenting A Pleasure (MPAP), Second Edition	Highly stressed families with children ages 0 to 8 years at risk for abuse or neglect	3	Medium

Programs

Program	Target Population	CEBC Scientific Rating	CEBC CWS Relevance Level
Nurturing Parenting Program for Parents and their School-age Children 5 to 11 Years	Parents of families who have been reported to the child welfare system for child maltreatment including physical and emotional maltreatment in addition to child neglect; may be used as a court-ordered parenting program	3	High
Parents Anonymous®	Parents, grandparents, relative and kin providers, foster parents, or anyone serving in a parenting or caregiver role and children and youth of all ages with behavioral health, substance use disorders, and wellness concerns	3	High
Safe Families for Children (SFFC)	Parents in crisis and their children from birth to 18 years of age who are in need of safe place to temporarily live	3	High
Step-by-Step Parenting Program®	Parents with learning differences whose children are at risk of being neglected due to parenting skill deficiencies including parents who learn best with a step-by-step approach, such parents with learning difficulties related to intellectual disabilities, learning disabilities, low literacy, and acquired brain injury. The program may be helpful to all parents, other caregivers, and babysitters who need to learn parenting and child-care skills	3	High