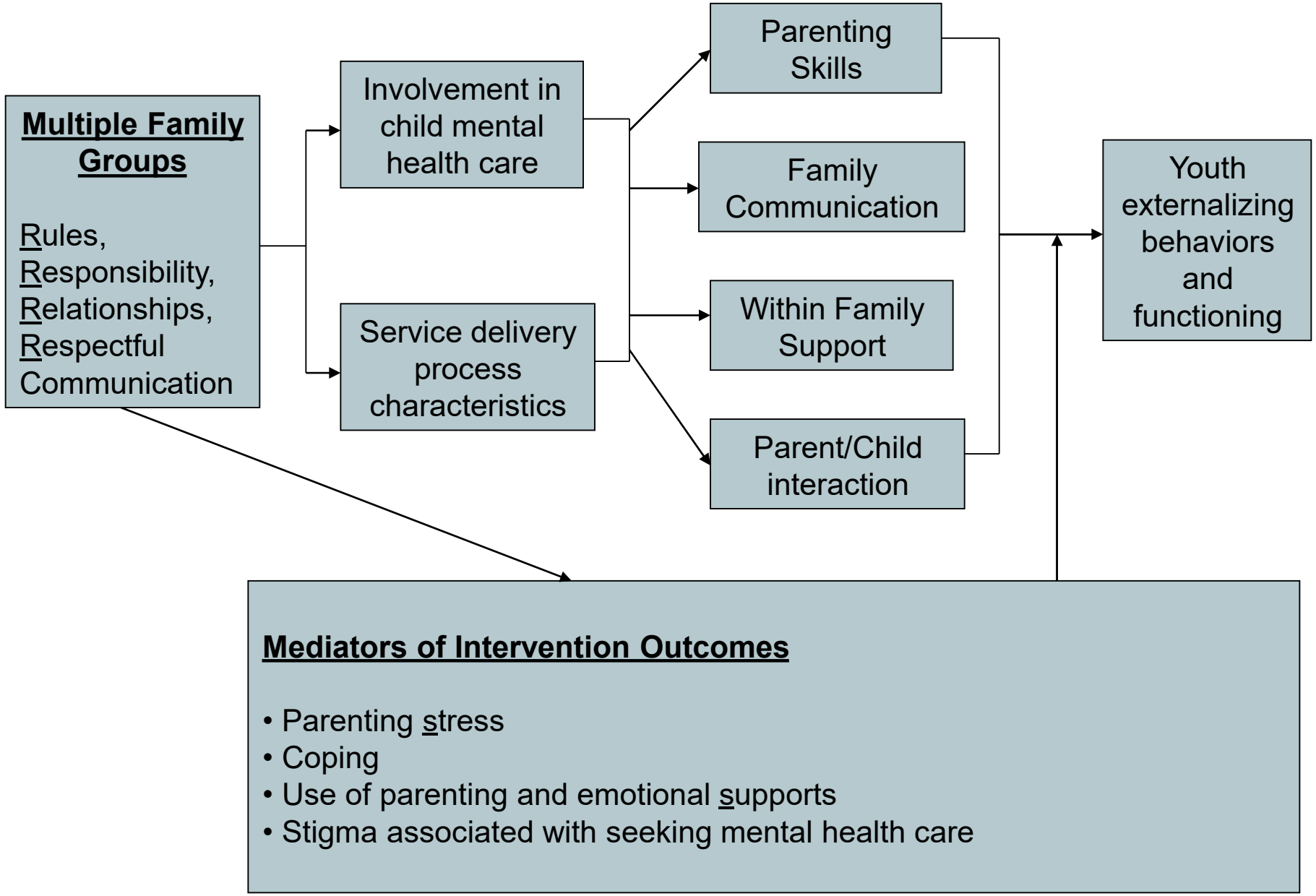The 4 Rs and 2 Ss for Strengthening Families Program