

PARENT CAFÉ Logic Model_Fy2025

Inputs	Outputs <i>Activities</i>	Outcomes & Impact		
		<i>Short-term</i>	<i>Intermediate</i>	<i>Long-Term</i>
<p>Be Strong Families Parent Café Model Based on:</p> <ul style="list-style-type: none"> • Principles of Adult Learning • Principles of Family Support • Strengthening Families Protective Factors Framework • BSF empowered engagement approach and a social justice / peace-building lens informed by: <ul style="list-style-type: none"> ○ Appreciative Inquiry ○ Art of Hosting ○ Insights from humanistic, transpersonal, and positive psychology ○ Life Coaching <p>Dosage: Varies depending on purpose. Most commonly once/month or intentional, time-limited series with more frequency (No more than once/week)</p> <p>Materials: Parent Café cards or questions (including Dads cards and A More Perfect Union cards), Agreement cards, Commitment cards</p> <p>Café Host team, including staff and parents as trained Table Hosts</p> <p>Welcoming Ambiance: For example, welcome sign, music, centerpieces, doodle supplies, refreshments.</p> <p>Participants: Parents, caregivers, agency staff, other adults involved in the lives of children</p>	<p>Activities</p> <p>Parent Cafes hosted with Fidelity to the Model One on One & Table discussions</p> <p>Presentation of Theme and Protective Factors</p> <p>Harvest One Word Feedback Form (part of reflective process)</p> <p>Participation</p> <p>Participants decide how much or how little to share</p> <p>Parents share with and/or listen to peers during</p> <p>Participants learn from others' stories</p> <p>Participants practice the Protective Factors: active listening and build social emotional competence</p>	<p>Participants feel safe sharing their truth, values, and lived experiences with others.</p> <p>Participants reflect on own strengths and challenges as parents.</p> <p>Participants identify areas of relationships/parenting that they want to improve.</p> <p>Participants learn a new way to handle stress.</p> <p>Participants see other café participants as potential social connections.</p> <p>Participants experience usefulness of Protective Factors in own lives, including navigating complex social and political situations.</p> <p>Participants learn positive way to deal with child.</p> <p>Participants experience emotional release by sharing in safe space.</p> <p>Participants learn that parenting challenges are common, expected part of parenting.</p> <p>Participants learn about and practice active listening.</p> <p>Participants feel heard, have strengths recognized and are treated with dignity.</p> <p>Participants experience themselves as leaders.</p> <p>Participants feel more comfortable using services and supports.</p> <p>Participants move beyond own biases to connect with diverse others.</p>	<p>Participants reflect on parenting and relationships more often.</p> <p>Participants change behavior within relationships/family.</p> <p>Participants are energized and inspired, even when facing setbacks.</p> <p>Participants build and maintain social connections.</p> <p>Participants use concrete supports in times of need.</p> <p>Participants take steps to leadership, role with cafes.</p> <p>Participants know more about child development, parenting.</p> <p>Participants see possibility for own healing in others' stories.</p> <p>Participants experience more self-acceptance.</p> <p>Participants feel more connected to each other.</p> <p>Participants share collective experience of positive energy, unconditional acceptance and support.</p> <p>Parents and staff build respectful and equitable relationships and build community within the organization.</p> <p>Community ties are strengthened through Cafes.</p>	<p>Families experience increased well-being.</p> <p>Children are safe and are raised by parents that respond to their developmental and emotional needs.</p> <p>Parents are leaders in family and community.</p> <p>Parents have greater sense of efficacy-take control of family's well-being and mobilize resources for their family, working in equitable partnership with social services to keep their families strong.</p> <p>Social service providers shift from "deficit model" to equitable, respectful relationships with participants that recognize them as capable agents of change.</p> <p>Communities members have compassionate, respectful and equitable relationships with others who are different from themselves.</p> <p>Move towards a more just, more equal, more free, more caring and more prosperous America.</p>