BSFT® LOGIC MODEL

INPUTS

- Evidence based research
- Funding
- Model Trainers
- Trainees/Staff
- Community Partners
- Administrative Support Infrastructure
- Technical equipment

ACTIVITIES

Target Populations To Receive BSFT® Training

(1 to 8) Trainees with minimum MS degree in behavioral health field are chosen to receive BSFT® Training

Target Families to Receive BSFT®

Families of youth aged 6-18 with externalizing/ Internalizing symptoms will receive BSFT® therapy

BSFT® purveyor Delivers Training to Chosen Trainees

BSFT® Training©--The 6-8 month program includes 2 workshops totaling 6-7 days and a supervised practicum for approx. 4-6 months

Videotaped analysis of Trainee's family sessions (approx. 24 sessions given to pairs of trainees)

Monthly Progress Report delivered to Trainee's organization

BSFT® Book Chapters, Articles, Handouts distributed to Trainees

Panel of BSFT® experts evaluate clinicians at conclusion of successful training. The Site becomes licensed

Adherence Program begins for Trainees one month after training completion

Target Families Receive BSFT®

BSFT Therapists from licensed site deliver BSFT® therapy to targeted families

OUTPUTS - THEORY OF CHANGE

BSFT Specialized Engagement - developed/tested for families who are difficult to engage; has 97% success rate

BSFT trainees learn how to create lasting change by combining these 3 aspects of psychological health

OUTCOMES

In The Youth

- 75% Reduction in drug use
- 58% Reduction in association with anti-social peers
- 42% Improvement in conduct disprder
- Reduced behavior problems
- Development of pro-social behavior
- Improved affect in family relations; reduced negativity

In The Family

- 75% of families remained in the program for the full dosage
- Effective parenting; successfully manage child's behavior; positive affect in parent-child interactions
- Increased family participation in the program (92% of referred/non mandated families)
- Reduction of alcohol use in parents
- Improved family communication, conflict resolution and problem-solving skills
- Improved family cohesiveness, collaboration and bonding
- Increased parental involvement with one another and with the child
- Improvement in family functioning