Family Centered Treatment (FCT) Logic Model
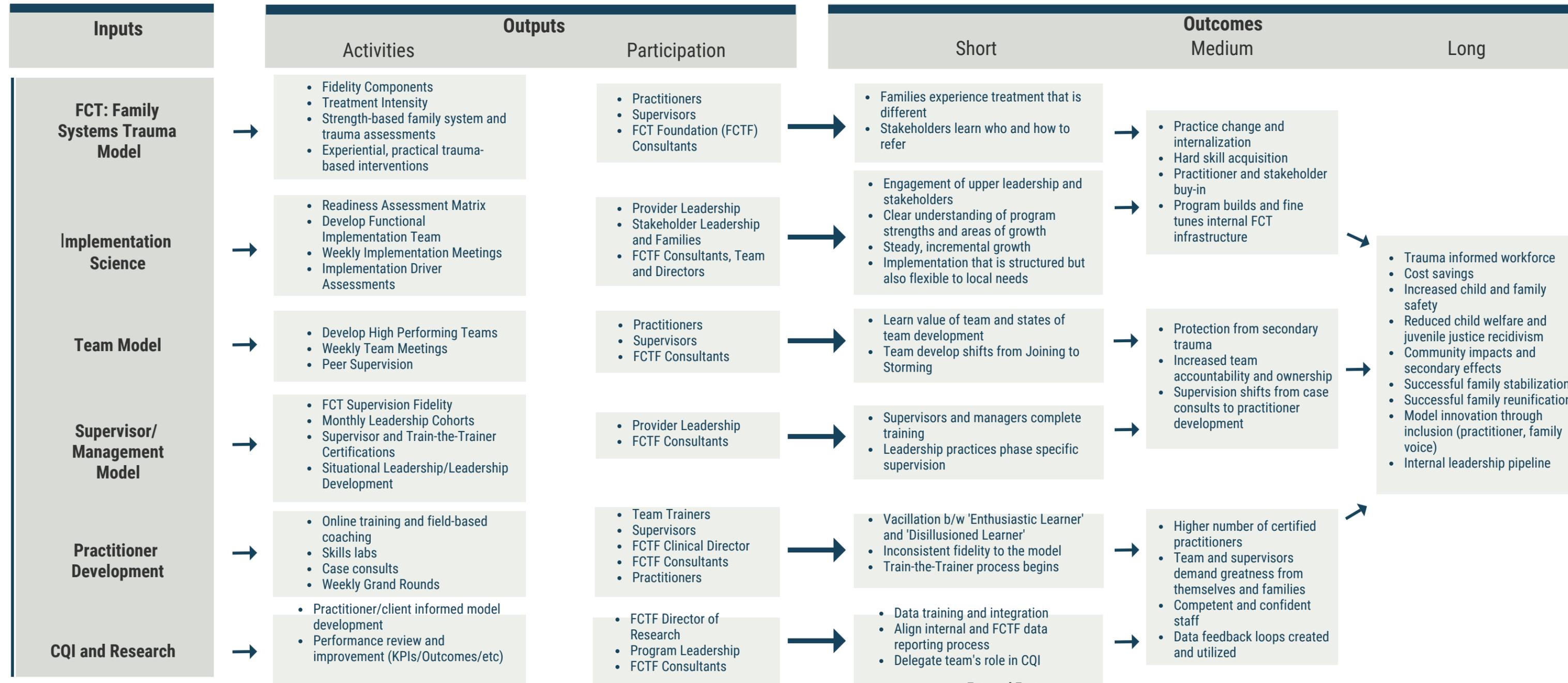
Family Centered Treatment Foundation®

Key Action: Stabilization and reunification for at-risk families

Situation: State, county, and/or providers looking to improve outcomes for at-risk children and families

Priorities: Implement evidence-based treatment models that achieve strong outcomes for a wide variety of target populations and designed for replication.

info@familycenteredtreatment.org
www.FamilyCenteredTreatment.org

Inputs	Outputs		Outcomes		
	Activities	Participation	Short	Medium	Long
FCT: Family Systems Trauma Model	• Fidelity Components • Treatment Intensity • Strength-based family system and trauma assessments • Experiential, practical trauma-based interventions	• Practitioners • Supervisors • FCT Foundation (FCTF) Consultants	• Families experience treatment that is different • Stakeholders learn who and how to refer	• Practice change and internalization • Hard skill acquisition • Practitioner and stakeholder buy-in • Program builds and fine tunes internal FCT infrastructure	• Trauma informed workforce • Cost savings • Increased child and family safety • Reduced child welfare and juvenile justice recidivism • Community impacts and secondary effects • Successful family stabilization • Successful family reunification • Model innovation through inclusion (practitioner, family voice) • Internal leadership pipeline
Implementation Science	• Readiness Assessment Matrix • Develop Functional Implementation Team • Weekly Implementation Meetings • Implementation Driver Assessments	• Provider Leadership • Stakeholder Leadership and Families • FCTF Consultants, Team and Directors	• Engagement of upper leadership and stakeholders • Clear understanding of program strengths and areas of growth • Steady, incremental growth • Implementation that is structured but also flexible to local needs		
Team Model	• Develop High Performing Teams • Weekly Team Meetings • Peer Supervision	• Practitioners • Supervisors • FCTF Consultants	• Learn value of team and states of team development • Team develop shifts from Joining to Storming	• Protection from secondary trauma • Increased team accountability and ownership • Supervision shifts from case consults to practitioner development	
Supervisor/ Management Model	• FCT Supervision Fidelity • Monthly Leadership Cohorts • Supervisor and Train-the-Trainer Certifications • Situational Leadership/Leadership Development	• Provider Leadership • FCTF Consultants	• Supervisors and managers complete training • Leadership practices phase specific supervision		
Practitioner Development	• Online training and field-based coaching • Skills labs • Case consults • Weekly Grand Rounds	• Team Trainers • Supervisors • FCTF Clinical Director • FCTF Consultants • Practitioners	• Vacillation b/w 'Enthusiastic Learner' and 'Disillusioned Learner' • Inconsistent fidelity to the model • Train-the-Trainer process begins	• Higher number of certified practitioners • Team and supervisors demand greatness from themselves and families • Competent and confident staff • Data feedback loops created and utilized	
CQI and Research	• Practitioner/client informed model development • Performance review and improvement (KPIs/Outcomes/etc)	• FCTF Director of Research • Program Leadership • FCTF Consultants	• Data training and integration • Align internal and FCTF data reporting process • Delegate team's role in CQI		

Pillars of Family Centered Treatment
• Treat families with dignity and respect
• Honor the function of behavior
• Treatment that is relevant and useful
• Internalization over compliance
• Power of Giving

External Factors
• National Child Traumatic Stress Network member
• Sustainable funding for start-up and ongoing service provision
• Community involvement
• Congruence with organizational culture and values; strong, historical stakeholder relationships
• Community collaboration in stating needs and the rationale for the service
• Invested stakeholders