

Logic Model for the KITS Intervention.

Needs and Gaps

Need for evidence-based programming to improve school readiness in children in foster care that is: (a) short-term, (b) intensive, (c) developmentally-timed to occur over the transition to school, (d) features direct (i.e., children) and contextual (e.g., parents) targets, and (e) focuses on both social-emotional and early literacy skills.

KITS Intervention

School Readiness groups

24 sessions

Curriculum foci

Emotional and behavioral regulation

Managing feelings | Focusing attention |
Managing behavior

Social competence

Prosocial skills (sharing, making friends, joining
games, cooperation) | Emotion identification

Early literacy skills

Concepts about print | Phonological awareness |
Letter naming | Letter-sound knowledge

Early numeracy skills

Counting | Recognizing numerals | Patterns |
Grouping

Strengths-based instructional & classroom management strategies

Preteaching, role-playing, modeling, multiple
opportunities to practice new skills, positive
reinforcement | Redirection, limit setting,
differential reinforcement of children displaying
appropriate behaviors

Parent group sessions

8 sessions

Curriculum foci: Practicing early literacy skills at
home | Teaching new skills at home | Positive
parenting skills to promoting appropriate behaviors |
Effective limit-setting | Becoming involved at school
| Parent stress management

Immediate (School Readiness) Outcomes

Child behaviors

**Improved emotional and behavioral
regulation**

**Increased use of prosocial skills and social
functioning**

**Increased early literacy and numeracy
skills.**

Greater academic engagement.

Parent behaviors

**Increased parent involvement in early
learning activities in the home.**

**Greater use of positive parenting
strategies**

Intermediate (Kindergarten) and Longer-Term School Adjustment Outcomes

Child behaviors

**Greater emotional and behavioral
regulation**

Prosocial behaviors and skills

**Positive academic engagement and
achievement.**

Fewer behavioral referrals.

Parent behaviors

Greater parent involvement in school.

**Increased use of positive parenting
strategies.**