

## Logic Model

**Program Name:** Parents Anonymous®

**Program Vision:** We envision a just society where all Parents, Children and Youth thrive in resilient families and communities.

Resources	**Services	Outcomes	Indicators	Measurement
<p>Diverse Parent, Children and Youth Program Participants, Commitment to Anti-racist, Anti-Classist and Anti-Sexist Practices &amp; policies; Meaningful shared leadership®; Trained Helpline Counselors; Parent Group Facilitators; Children &amp; Youth Group Facilitators; Parent Group Leaders; Peer Parent Partners; Directors and Senior Program, Data, Fiscal and Development Managers; Program and Research Associates, Parents Anonymous® Website; Program Manuals, materials, and social media messaging; and focused outreach strategies; Zoom Telehealth; Helpline; National Parent and Youth Leadership and Program Certifications; Model Fidelity Tools; National Outcome Surveys; Organizational Partnerships; program supplies; computers, Database System; snacks; Children &amp; Youth Activities Toolkit; National Parent Leadership Month® Toolkit; National and California Parent Leadership Teams®; Diverse funding streams; research and evaluation capabilities; and Research-Based Competencies</p>	<p>Weekly Online 2 hours Parents Anonymous® Groups for all Parents; Weekly Online 2 hours Parents Anonymous® Groups for Children &amp; Youth of all Ages; California Parent &amp; Youth Helpline for emotional support; and Supportive Services including Peer Parents and linkages to resources</p>	<ol style="list-style-type: none"> <li>1. Increased protective factors</li> <li>2. Mitigation Impact of Adverse Childhood Experiences</li> <li>3. Enhanced parenting, reduction of substance use and domestic violence and enhanced wellbeing</li> <li>4. Increased Child Flourishing</li> <li>5. Absence of Adverse Childhood Experiences and</li> </ol>	<p>1.a. Increased Resilience Social Supports, Nurturing &amp; Attachment</p> <p>2.a. Improved Health, Mental Health and Wellness</p> <p>3. a. Enhanced 16 Nurturing &amp; Parenting Strategies</p> <p>3.aa. Reduced child maltreatment risk or child welfare involvement</p> <p>3.ab. Increased reunifications and shortened time in a foster care home</p> <p>3.ac. Increased parent and youth leadership</p> <p>4.a. Improved CFI</p> <p>5.a. No or additional Adverse Childhood Experiences</p>	<p>1.b Protective Factors Survey-2</p> <p>2.b. Adapted from PEARLS and Positive Childhood Experiences</p> <p>3.b. National Outcome Survey</p> <p>4.b. Child Flourishing Index</p> <p>5. b. Adapted PEARLS</p>

		<p>6. Improved child well-being</p> <p>7. Reduced risk of substance use, delinquency and school problems</p>	<p>6.a. Measurable improvements</p> <p>7.a. Measurable improvements</p>	<p>6.b. National Outcome Survey</p> <p>7.b. National Outcome Survey</p>
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**\*\* Service Assumptions:** Evidence-Based Parents Anonymous® utilizes four strength-based therapeutic processes including mutual support, parent leadership, shared leadership® and personal growth and change proven in research to build the empowerment of all Parents, children and youth to address psychological, social and emotional issues resulting in enhanced well-being, family functioning, protective factors and mitigates and prevents Adverse Childhood Experiences. Parents Anonymous® utilizes strategies that maintain and reinforce cultural responsiveness and anti-prejudices regarding race, class and gender to ensure that parents, children and youth receive help in navigating services and becoming advocates for change in diverse social, education, mental health and health care systems. All policies, programs, practices, training, technical assistance and research are implemented in meaningful shared leadership® with Parents with lived expertise. Also Parents Anonymous® Parents, Children and Youth become fearless and tenacious Leaders building social capital and improving neighborhoods and communities all around the world. We believe anyone can change without blaming and shaming. Asking for Help is a Sign of Strength® and is vital to Raising the Future.