

Attachment A-3, Work Plan

Work Plan for Parent Mentoring (1:1 and group)

Our overall goal is for safe, stable, healthy families.

Service/activity	Staff and responsibilities	Time commitment	Timetable	Deliverables/Milestones
Engage family and establish priorities	Mentor with family	1-3 hours weekly for the first month	Start within first week from referral	A relationship has begun to develop. Three priorities have been identified.
Identify and secure needed resources	Mentor with family	Ongoing	Start within 30 days	Supports and services that are appropriate and safe for the family are secured. Skills are taught in the process.
Identify positive relationships and connections	Mentor with the client	1-2 hours weekly as needed per client	Within 30 days	Family identifies who they know that is a positive support for them. Mentor and family identify relationships/supports yet needed and possible resources to meet those needs. Skills are taught in the process.
Begin to build individual networks of support	Mentor with the parent	1 hour weekly as needed	Within 60 days and on-going	Family and mentor identify and engage formal and informal supportive individuals that can support the client over time in specific ways. Support Network meeting is held and on-going meetings planned.
Assess, and begin teaching life skills	Mentor with the parent	2 hours weekly groups	Within 30 days and on-going	Parent has the skills to live a safe, stable, healthy lifestyle.
Assess individual needs and develop plan for providing services	Mentor with the parent (and child when appropriate)	On-going 1 hour monthly	Within 60 days	Parent and mentor develop a service plan

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Connect family members to needed resources	Mentor with family members	1 hour weekly as needed	Within 30 days and on-going	Needs and resources are identified. Connections are actively made and supported by the mentor.
Provide weekly individual face-to-face check-in	Mentor with parent/family	1-2 hours per week	Immediately and on-going	The mentor/family relationship continues to develop. Progress is acknowledged and documented. Challenges are acknowledged and course correction is done. On-going assessments and referrals are done.
Facilitate weekly peer support groups	Mentor with multiple parents	1-2 hours per week	Within 60 days and on-going	Skills are taught, mutual peer support and ideas are exchanged
Understand and address ACE's	Mentor with parent and children as appropriate	2-hour Monthly trainings as well as individual	On-going from beginning	The mentor provides service in a trauma focused way. Client begins to understand how their childhood experiences impact their current life and how to heal.
Build Protective Factors	Mentor with parents and children as appropriate	2-hour Monthly Trainings and individually	On-going from beginning through closure	Mentors are aware of Protective Factors and intentionally create opportunity to build Protective Factors in families lives and make them aware of the positive impact they have on individual and family life.
Prepare for discharge and independence	Mentor with the parent (and child when appropriate)	As needed	On-going from beginning through closure	Family has completed the service plan and have the services and supports in place that

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				they need to be safe, stable, and healthy.
Identify system barriers and inequities	Mentor and families	As needed	On-going	Name and address barriers and inequities as they occur if reasonable and possible. Report information to supervisor. Problem solve.