

Intervention STEPS Designed to Change Determinants	➡	DETERMINANTS of Sexual Behaviors Addressed in SSI	➡	BEHAVIORS Directly Related to Health Goal	➡	SSI's Health Goal
INTENTIONS						
First Session, Component 1: Introduction and Video/DVD Step 3: Stage of Change Determination Booster Session Step 3: Stage of Change Reassessment		Intentions to use protection against STIs, including HIV/AIDS, and unintended pregnancy		1. Using condoms to prevent HIV and other STIs 2. Using contraception to prevent pregnancy		Preventing STI recurrence and unintended pregnancy among adolescent girls and young women
SKILLS						
First Session, Components 2A and 2B Step 4: Condoms		Skill in using condoms correctly		1. Using condoms to prevent HIV and other STIs 2. Using contraception to prevent pregnancy		Preventing STI recurrence and unintended pregnancy among adolescent girls and young women
First Session, Components 2A and 2B Step 7: Talking about Sex Step 8: Role Play (Component 2B only) Booster Session Step 4: Role Play (optional)		Skills to say no to sex or unprotected sex				
First Session, Components 2A and 2B Step 7: Talking about Sex Step 8: Role Play (Component 2B only) Booster Session Step 4: Role Play (optional)		Skills to talk to partner about protection against STIs, including HIV/AIDS, and unintended pregnancy				
PERCEPTION OF PEER NORMS						
First Session, Components 2A and 2B Step 7: Talking about Sex		Acknowledging pressures to have sex		1. Using condoms to prevent HIV and other STIs 2. Using contraception to prevent pregnancy		Preventing STI recurrence and unintended pregnancy among adolescent girls and young women

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KNOWLEDGE			
First Session, Component 1: Introduction and Video/DVD Step 2 : Video/DVD: "Breaking Out" and "The Raincoat" segments of <i>Private Lives</i> or similar video First Session, Components 2A and 2B Step 1: Consequences of Unprotected Sex Step 8: Questions & Answers (Step 9 in Comp. 2B) Step 9: Feedback & Summary (Step 10 in Comp. 2B) Booster Session Step 5: Reshow Video/DVD (optional) Step 6: Follow-up/Giveaways	Knowledge of STIs, including HIV/AIDS	3. Avoiding unprotected sex by returning to abstinence	Preventing STI recurrence and unintended pregnancy among adolescent girls and young women
First Session, Components 2A and 2B Step 1: Consequences of Unprotected Sex Step 8: Questions & Answers (Step 9 in Comp. 2B) Step 9: Feedback & Summary (Step 10 in Comp. 2B) Booster Session Step 6: Follow-up/Giveaways (optional)	Knowledge of negative consequences of having sex		
First Session, Components 2A and 2B Step 7: Talking about Sex	Knowledge of situations that lead to unprotected sex, pregnancy, and HIV or other STIs		
PERCEPTION OF RISK			
First Session, Component 1: Introduction and Video/DVD Step 3: Stage of Change Determination First Session, Components 2A and 2B Step 1: Consequences of Unprotected Sex Step 2: Risk Perception Booster Session Step 3: Stage of Change Reassessment	Perception of risk of contracting HIV and other STIs	3. Avoiding unprotected sex by returning to abstinence	Preventing STI recurrence and unintended pregnancy among adolescent girls and young women

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PERCEPTION OF RISK (continued)						
First Session, Components 2A and 2B Step 1: Consequences of Unprotected Sex		Perception of risk of becoming pregnant		3. Avoiding unprotected sex by returning to abstinence		Preventing STI recurrence and unintended pregnancy among adolescent girls and young women
VALUES AND ATTITUDES						
First Session, Component 1: Introduction and Video Step 1: Introduction Step 2 : Video/DVD: “Breaking Out” and “The Raincoat” segments of <i>Private Lives</i> or similar video Booster Session Step 1: Introduction Step 5: Reshow Video/DVD (optional)		Comfort talking and sharing information about sex and STIs, including HIV/AIDS		3. Avoiding unprotected sex by returning to abstinence		Preventing STI recurrence and unintended pregnancy among adolescent girls and young women
First Session, Components 2A and 2B Step 1: Consequences of unprotected sex Step 2: Risk perception		Values and attitudes about obtaining and using protection against STIs, including HIV/AIDS, and unintended pregnancy				
First Session, Components 2A and 2B Step 6: Secondary Abstinence Step 7: Talking about Sex		Values and attitudes about having sex versus abstaining				
INTENTIONS						
First Session, Component 1: Introduction and Video/DVD Step 3: Stage of Change Determination First Session, Components 2A and 2B Step 6: Secondary Abstinence Booster Session Step 3: Stage of Change Reassessment		Intentions to abstain		3. Avoiding unprotected sex by returning to abstinence		Preventing STI recurrence and unintended pregnancy among adolescent girls and young women

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SKILLS			
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AWARENESS			
First Session, Components 2A and 2B Step 7: Talking about Sex	Awareness of personal challenges to abstaining	3. Avoiding unprotected sex by returning to abstinence	Preventing STI recurrence and unintended pregnancy among adolescent girls and young women
PERCEPTION OF PEER NORMS			
First Session, Components 2A and 2B Step 7: Talking about Sex	Acknowledging pressures to have sex	3. Avoiding unprotected sex by returning to abstinence	Preventing STI recurrence and unintended pregnancy among adolescent girls and young women